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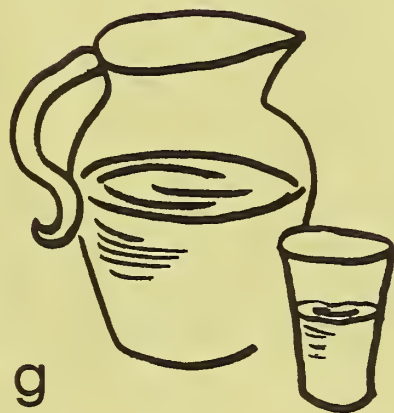


INSTANT NONFAT DRY MILK

a good choice for the thrifty family



is made from fresh milk



Drinking

INSTANT
NONFAT MILK
can be used in
place of fresh milk
for-



Cooking



MILK helps build Strong Bones
Good Teeth
Muscle

USE INSTANT NONFAT DRY MILK

TO MAKE FLUID SKIM MILK

follow the directions
on the package



SKIM MILK
is good for weight watchers
-has $\frac{1}{2}$ as many calories
as Whole Milk



TO MAKE WHOLE MILK GO FURTHER

MIX



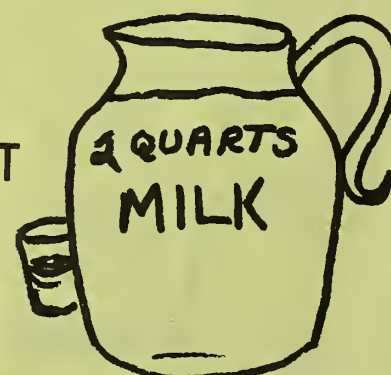
1 quart

WITH



1 quart

AND GET



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MAY 18 1967

Issued November 1966

CURRENT SERIAL RECORDS

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